

NSW Health strongly recommends you wear a mask when you are:



Inside places where it is difficult to keep 1.5 metres distance from other people:

For example:

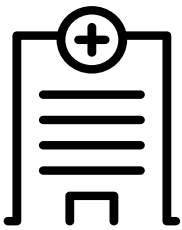
- public transport such as on buses or train
- supermarkets and small grocery shops



Inside places where there are a lot of people:

For example:

- restaurants, pubs, clubs
- places of worship such as churches, mosques, temples etc.



If you are sick and going to the doctor

If you are a patient, carer or visitor to a hospital or community health centre

If you are getting tested for COVID-19