

YOUTH EDUCATION AND TRAINING

Journeys of a Teenager: early adolescence

"...Ready for High School?"

準備上中學!

A 2-day workshop designed for year 7 children (in 2012) to prepare them for the challenges of adolescence



Topics:

- Self-esteem
- Peer pressure and saying no
- Boy-girl relationships
- Relationships with parents

WORKSHOP LEADERS:

Ms. Elsie Chan

Social Worker, experienced child & youth worker

Ms. Gloria Lau

Clinical Psychologist, experienced in working with youth

Ms. Joyce Chan

Clinical Psychologist with background in working with youth

Dates: 20 & 21 January 2012
(Friday & Saturday)

Time: 10:00am - 4:00pm

Place: Sydney West Counselling & Education Centre
7 Crown Street,
Harris Park NSW 2150

Cost: \$80 per child (GST incl)

Language: Conducted in English

Ph: (02) **9211 9988**
education@firstlightcare.org.au



晨光關懷協會
first light care
ASSOCIATION INC.

"Ready for High School?" — Registration Form (Group 16)

[Note: Payments are non-refundable]

Surname:	Name:	Sex: M / F (please circle)
Address:		Postcode:
Phone: (m)	(h)	2012 Grade:
Food Allergic:		
Parents' Names:		
Parent's Signature:		
Have your parents attended any FLC activities in the past?		Y / N (please circle)
If yes, please specify:		
Parent's Email Address:		

Please return your completed form and payment to: First Light Care Association,
P.O. Box 9216, Harris Park, NSW 2150. Please make cheques to: First Light Care Association Inc.