

粵語主講 CANTONESE

Feb/Mar
2012

好媽媽 Great Mum

一個專為母親而設以強化家庭關係的教養子女課程!

A parenting program for mothers to promote stronger family relationships.



- 了解孩子的成長路
Understanding Child Development
- 處理兒女的情緒
Dealing with Strong Emotion
- 建立孩子的好自尊
Building up Self-esteem
- 與孩子建立有效的溝通
Effective Communication
- 有效的管教
Disciplining Children

講員 Speakers:

劉簫敏兒女士 Mrs. Iris Lau

陳詠文小姐 Miss Elsie Chan

DATES: 24/2, 2/3, 9/3, 16/3, 23/3 & 30/3/2012 (Fridays)

TIME: 10:00am - 12:30pm

VENUE: FLC Sydney West Counselling & Education Centre
7 Crown Street, Harris Park

COST: \$80 per person
(GST & notes incl.)

Email: education@firstlightcare.org.au

PH: (02)9211 9988

FAX: (02)9281 2281



晨光關懷協會

first light care
ASSOCIATION INC.

丈夫曾參加「好爸爸」優先取錄 Priority will be given to the wives of previous "Great Dad" participants.

好媽媽 Great Mum — 報名表 Registration Form

姓名 Name : 中文	English	年齡 Age	電話 Tel
地址 Address			Post Code
電郵 Email Address			
婚姻狀況 Marital Status	出生地點 Country of Birth	母語 Language	
教育程度 Educational Level	職業 Occupation		
子女年齡 Age of children	所屬教會 Church Affiliation		
丈夫姓名 Husband's name	曾參加「好爸爸」 Attended "Great Dad" ? Yes / No		

報名表連同支票 (抬頭: First Light Care Association Inc.) 寄到: 晨光關懷協會.

Please return your completed form and payment to: First Light Care Association,
P.O. Box 9126, Harris Park, NSW 2150. Please make cheques to: First Light Care Association Inc.