

粵語主講 CANTONESE

Feb/Mar
2012

好媽媽 Great Mum

一個專為母親而設以強化家庭關係的教養子女課程!
A parenting program for mothers to
promote stronger family relationships.



- 了解孩子的成長路
Understanding Child Development
- 處理兒女的情緒
Dealing with Strong Emotion
- 建立孩子的美好自尊
Building up Self-esteem
- 與孩子建立有效的溝通
Effective Communication
- 有效的管教
Disciplining Children

DATES: 24/2, 2/3, 9/3, 16/3, 23/3
& 30/3/2012 (Fridays)

TIME: 10:00am - 12:30pm

VENUE: FLC Sydney West Counselling
& Education Centre
7 Crown Street, Harris Park

COST: \$80 per person
(GST & notes incl.)

丈夫曾參加「好爸爸」優先取錄
Priority will be given to the wives of previous
"Great Dad" participants.

講員 Speakers:

劉籥敏兒女士 Mrs. Iris Lau

陳詠文小姐 Miss Elsie Chan

Enquiries

Phone: (02)9211 9988

Fax: (02)9281 2281

Email: education@firstlightcare.org.au



晨光關懷協會
first light care
ASSOCIATION INC.