



粵語主講 CANTONESE

Group 14  
第十四組

# 嗨,媽! Hey, Mum!

一個專為母親而設以強化家庭關係的教養子女課程!  
A parenting program for mothers to promote stronger family relationships.

- ✓ 了解孩子的成長路  
Understanding Child Development
- ✓ 處理兒女的情緒  
Dealing with Strong Emotion
- ✓ 建立孩子的好自尊  
Building up Self-esteem
- ✓ 與孩子建立有效的溝通  
Effective Communication
- ✓ 有效的管教  
Disciplining Children

講員 Speakers:

黃進源先生 Mr. William Wong  
劉蕭敏兒女士 Mrs. Iris Lau

DATES: 16/5, 23/5, 30/5, 6/6,  
13/6, 20/6/2010 (Sundays)

TIME: 1:30pm - 4:00pm

VENUE: Chinese Presbyterian Church  
Cnr of Crown & Albion Sts,  
Surry Hills

COST: \$70 per person (GST incl.)

Ph: 9211 9988



晨光關懷協會  
first light care  
ASSOCIATION INC.

丈夫曾參加「嗨,爹!」優先取錄 Priority will be given to the wives of previous "Hey, Dad!" participants.

## 嗨,媽! Hey, Mum! — 報名表 Registration Form (Group 14)

姓名 Name : 中文	English	年齡 Age	電話 Tel
地址 Address			Post Code
婚姻狀況 Marital Status	出生地點 Country of Birth	母語 Language	
教育程度 Educational Level	職業 Occupation		
子女年齡 Age of children	所屬教會 Church Affiliation		
丈夫姓名 Husband's name	曾參加「嗨,爹!」 Attended Hey Dad? Yes / No		

報名表連同支票 (抬頭: First Light Care Association Inc.) 寄到: 晨光關懷協會.

Please return your completed form and payment to: First Light Care Association,  
P.O. Box, K1012, Haymarket, NSW 1240. Please make cheques to: First Light Care Association Inc.