

Journeys of a Teenager: early adolescence

*"...Ready for High School?"*



『準備上中學!』

A 2-day workshop designed for year 7 children (in 2010) to prepare them for the challenges of adolescence

**Topics:**

- Self-esteem
- Peer pressure and saying no
- Boy-girl relationships
- Relationships with parents

Workshop leaders:

- Ms. Elsie Chan**
  - Social Worker, experienced child & youth worker
- Ms. Gloria Lau**
  - Intern Clinical Psychologist, experienced in working with youth
- Ms. Joyce Auyeung**
  - Clinical Psychologist with background in working with youth

**Cost:** \$40 per child (originally \$80) *This group is partly funded by the Gordon Social and Recreation Club through the Community Support and Expenditure Scheme*

**Date:** Saturdays 20<sup>th</sup> and 27<sup>th</sup> June 2009  
**Venue:** Dougherty Community Centre, 7 Victor Street, Chatswood, NSW  
**Time:** 10:00am – 4:00pm

**"Ready for High School?" - Registration Form (Group 8)**  
 (Note: Payments are non-refundable)

Surname: \_\_\_\_\_ Name: \_\_\_\_\_ Sex: M F (please circle)  
 Address: \_\_\_\_\_ Postcode: \_\_\_\_\_  
 Phone: (m) \_\_\_\_\_ (h) \_\_\_\_\_ 2009 Grade: \_\_\_\_\_  
 Parents' Names: \_\_\_\_\_ Language spoken at home: \_\_\_\_\_  
 Parent's Signature: \_\_\_\_\_  
 Have your parents attended any FLC activities in the past? Y / N (please circle)  
 If yes, please specify: \_\_\_\_\_  
 Parent's Email Address: \_\_\_\_\_