



嗨，媽！ Hey, Mum!

講員 Speakers :

黃進源先生 (Mr. William Wong)
柳王秀玲女士 (Mrs. Aileen Lau)

查詢 Enquiry :

晨光關懷協會
First Light Care Association Inc.
(02) 9211 9988

嗨，媽！ Hey, Mum!

一個專為母親而設以強化家庭關係的教養子女課程！

A parenting program for mothers
to promote stronger family relationships.
(粵語主講 Cantonese)

- 了解孩子的成長路
Understanding Child Development
- 處理兒女的情緒
Dealing with Strong Emotion
- 建立孩子的好自尊
Building up Self-esteem
- 與孩子建立有效的溝通
Effective Communication
- 有效的管教
Disciplining Children

Fees : \$70/person (GST & notes incl.)

(丈夫曾參加「嗨，爹！」優先取錄)
(Priority will be given to the wives of previous
"Hey, Dad!" participants.)

日期 Date: 22/5, 29/5, 5/6, 12/6, 19/6, 26/6 (Fridays)

時間 Time: 10:00am – 12:30pm

地點 Venue: Chinese & Australian Baptist Church-Thornleigh
235 Pennant Hills Road, Thornleigh 2120

第十三組

「嗨，媽！」報名表 Registration Form

HM013

FLC 005-2009

姓名 Name : 中文 _____ English _____ 年齡 Age : _____ 電話 Tel : _____

地址 Address : _____ Post Code: _____

婚姻狀況 Marital Status : _____ 出生地點 Country of Birth : _____ 母語 Language: _____

教育程度 Educational Level : _____ 職業 Occupation : _____

子女年齡 Age of children : _____ 所屬教會 Church Affiliation : _____

丈夫姓名 Husband's name : _____ 曾參加「嗨，爹！」 Attended Hey Dad? ____ Yes / No

報名表連同支票 (抬頭: First Light Care Association Inc.) 寄到: 晨光關懷協會.

For enrolment, please send the registration form together with your cheque and post to: First Light Care Association Inc.,
P. O. Box K1012, Haymarket NSW 1240.

